# **▼** PAR Research Activities

- 1. Community engagement & community assessments (Year 1)
- 2. Articulate community vision for change (Year 2)
- 3. Assess antecedent community conditions & empower FN health providers to be catalysts for change (Year 2)
- 4. Create palliative care teams (Year 2)
- 5. Grow the palliative care programs (Years 2-5)
- 6. Create capacity & sustainable community change by building partnerships between FN communities, PC experts & project collaborators (Years 1-5)
- 7. Implement & evaluate all capacity development interventions to generate a culturally appropriate ToC and a tool kit of strategies and interventions (Years 1-5)
  - 8. Engage FN community members, partners, Aboriginal undergraduate & graduate students in research & dissemination activities (Years 1-5)



#### Reach of Research

FN communities (PC recipients & their families, Home and Community Care staff, Chief and Council, FN community members), regional health services & palliative care experts, educators/KT experts, graduate students/trainees, professional organizations involved in palliative care and Aboriginal Health;

Government health and social services policy makers; general public, media

# **♦** Short-term Outcomes (Year 1-2)

Demonstrated commitment of FN community members to the project; increased sense of local empowerment to develop PC

Completed community assessment in each site

Increased awareness of PC palliative care philosophy & resources within FN communities & amongst all collaborators

Community level data analyzed; increased knowledge & skill in PAR & palliative care for FN community members, collaborators & trainees

# Intermediate Outcomes (Years 2-5)

Multiple administrative, educational and clinical interventions developed and evaluated for use by FN communities to develop local PC programs

Capacity development process being documented at each site to create ToC; evidence-based tool kit of best practices in implementing model is developing

Increased capacity in PC reflected in FN community's policy, programs & resources; advocacy for PC resources, increased access to PC for community members

Increased participation of community members & students/trainees in palliative care in FN communities

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### **Longer-term Outcomes (Year 5 Onwards)**

Palliative care programs operating in 4 FN study sites; increased number of FN people, health services & policy makers provide or support PC in FN communities Indigenous understandings of PC are documented; ToC for developing PC in FN communities is created; a tool-kit of evidence-based strategies & interventions to guide policy & community development is created More people living in FN communities have access to quality PC services

More FN community members, collaborators & trainees have knowledge & skill in PAR and understand PC in a FN context