Improving End-of-Life Care in First Nations Communities:

The Power to Choose: Four First Nations describe their experience developing community palliative care programs

CHPCA, Oct. 30, 2015
Objectives

- To understand the unique context of palliative care in First Nations communities

- To demonstrate the strengths and capacities within First Nations communities in developing a palliative care program using a community capacity development approach and model

- To share promising palliative care practices and strategies developed through community-based participatory action research in First Nations communities
Process of PC Program Development in First Nations Communities

SEQUENTIAL PHASES OF THE CAPACITY DEVELOPMENT MODEL

1) Grounding the Development in Community Values and Principles
2) Having Community Readiness
3) Experiencing a Catalyst
4) Creating the Palliative Care Program
5) Growing the Palliative Care Program

Community Infrastructure
Collaboration
Health Services
Empowerment
Vision for change
Local Leadership
Individual, Family, Community and Culture

Advocating for Individual and Families
Promoting Education
Providing Care
Building External Linkages
Strengthening Community Relationships
The Power to Choose Video

http://www.eolfn.lakeheadu.ca/
Six Nations of the Grand River Territory
Six Nations Initiatives

- MOU with HNHB CCAC
- Integration with the Regional Palliative Care Expert Consult Team (HNHB LHIN)
- Advanced Care Planning
- Four Strings Healing Ceremony
- Pilot Project Funding from HNHB LHIN:
  - Partnering with Stedman Hospice
  - Mentorship program for Clinical Nurse Specialist, Psycho-Social Bereavement Counsellor, and First Nation Physician
- Local First Nation Palliative Care Expert team, is now providing palliative home care in Six Nations
Fort William First Nation
Fort William FN Initiatives

- Journey Mapping Workshop
- Strengthening partnership with Dilico (H&CC provider)
- Community Awareness Sessions (6 sessions with help of community partners: Cancer Centre, CCAC, CERAH, Hospice Northwest)
- Improving Communication and Discharge Planning (TBRHSC, CCAC, & Dilico)
- Community ACP sessions & resource development
- Grief & Bereavement Workshop (winter 2015)
Naotkamegwaning First Nation
Naotkamegewanning FN Initiatives

- Cultural Competency Curriculum
- Telemedicine (pilot in collaboration with CCO & SJCG)
- Journey Mapping (3 workshops, 24 HCP)
- Advocacy – Federal & Provincial Members of Parliament
- Wiisokotaatiwin Program
  - Proposal for LHIN pilot funding was successful
Peguis First Nation
Peguis First Nation

- Palliative Care Home Support Worker
- Grief & Bereavement Workshop
- MOU under discussion with Interlake Regional Health Authority
- Percy E. Moore Hospital - Doctors Home Visit Initiative and linkage with Palliative Care Nurse and program
- Formalizing the Palliative Care Program
Developing Palliative Care in First Nations Communities: Implementing 2-Eyed Seeing*

**Canadian Health Care System Capacity**
- Health care services/organizations
- Specialized palliative home care teams/programs
- Skilled palliative care providers
- Pain & symptom management experts
- Specialized medication & equipment
- Palliative care training & education

**First Nations Community Capacity**
- Leadership & vision for change
- Local health care workers & services
- Elders & Traditional Knowledge Keepers
- Indigenous understandings of death/dying
- Traditional caregiving practices
- Natural helping networks
- Advocacy

**CAPACITY DEVELOPMENT**
*Implementing 2-Eyed Seeing*
- Create partnerships & relationships between two systems
- Engage in knowledge translation & exchange
- Implement creative cross jurisdictional funding arrangements
- Implement Jordan’s Principle

**OUTCOME**
Customized palliative care programs that build on local assets & strengths in First Nations Communities

Developing Palliative Care Programs in First Nations Communities: A WORKBOOK
EOLFN CHPCA Presentations

- **Friday @ 1-2:30pm, Double Session:**
  - Conducting Participatory Action Research with First Nations Communities: Lessons Learned from a 5yr CIHR Study
  - Program Development Guidelines & Resources for Developing PC Programs in First Nations Communities

- **Friday @ 4:15-5:15pm:**
  - Developing and Implementing The Six Nations Palliative Care/Shared Care Outreach Team

- **Saturday @ 3-4pm:**
  - Engaging Stakeholders in Journey Mapping: Creating and Implementing a Palliative Care Pathway, Naotkamegwanning First Nation

- **Saturday @ 4:15-5:15pm:**
  - Culturally Appropriate Advanced Care Planning Resources for First Nations Community Members: Resources & Strategies
Acknowledgements
QUESTIONS
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